

TRAMPOLINE & TUMBLING
WORKPLAN



LOULÉ, Portugal, 29 – 30, September 2017

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GENERAL INFORMATION

This Work Plan has been developed in accordance with the following FIG regulations and rules:

1. FIG Statutes;
2. 2013 FIG Technical Regulations;
3. FIG Judges' Rules;
4. FIG Trampoline, Tumbling and Double Mini-Trampoline Code of Points 2017-2020;
5. FIG World Cup Competitions and Series;
6. Medical Organization of the Official FIG Competitions;
7. Doping Control Rules;
8. FIG Media Rules;
9. FIG Apparatus Norms;
10. FIG Advertising and Publicity Rules;
11. FIG Regulations for Awards Ceremonies;
12. And subsequent decisions of the FIG Executive Committee & FIG TRA-TC.

ORGANISING COMMITTEE

João Paulo Rocha	President
Luís Martins	Vice-President
Luís Arrais	Vice-President
	Finances
Pedro Fernandes	Competition Director
	Accreditation/Secretariat
	Transports
Ângela Correia	Accommodation / Transports
	Catering
Fábio Piçarra	Volunteers' Coordination
Gizelda Carapeto	Protocol
Marco Gonçalves /João Monteiro	Stage Manager
	Media
	Logistic
Publirádio	Video / Internet - Livestream
Way2Inov	Results & Informatics

FIG TECHNICAL DELEGATE

Mr. **Christophe Lambert** FIG TRA-TC Member

ORGANISING COMMITTEE ADDRESS

Federação de Ginástica de Portugal
Estrada da Luz 30A, 1600 -159 Lisbon / Portugal

Contact person: Luis Arrais Tel: +351 917731207
Pedro Fernandes Tel: +351 911932360

e-mail: gympor@gympor.com

COMPETITION VENUE

Loulé Municipal Sports Hall
Av. Laginha Serafim 8100 Loulé / Portugal
Tel: +351 289 400 845

NATIONAL ANTHEM - FLAG

Delegations are requested to bring a CD of their national anthem and their national flag (approx. size 180 cm x 90 cm). These must be handed to the OC Secretariat by the head of delegation upon arrival at the time of accreditation.

VISA

Federations requiring an official invitation to obtain a visa are asked to contact the Organizing Committee **immediately** by sending the official visa form to apaginasticaloule@gmail.com

INSURANCE

Federations are obliged to cover the expense of insurance for members of their delegation (illness, accident and repatriation) and to bring the evidence of such insurance. Insurance will be checked and collected during accreditation.

OFFICIAL LANGUAGE

The official language of the World Cup is English. Announcements will be made in Portuguese and English only.
Interpretation from and into any other language must be organized by the delegations.

ACCREDITATION AND ID CARDS

All delegation members will receive an accreditation ID Card. The accreditation ID Card is personal, non-transferable and compulsory to get access to the training and competition hall, functions, and the bus system. All participants and officials are required to wear the ID Cards **at all times**.

Accreditation will take place at the accreditation room in Loulé Sports Hall. *All delegations will be directed to the accreditation room from the railway station or airport. Delegations travelling by car have to go first to the accreditation room.*

At accreditation, heads of delegation must check the correct names of their complete delegation, verify accommodation requirements, make any necessary payments, hand in their national anthem and national flag as well as their confirmation of insurance. Age control will be completed by Secretariat at the arrival moment.

As far as the number of accreditations per country is concerned, the FIG Rules and the Directives will be strictly applied.

The publicity on the clothes has to be checked in accordance with the FIG Advertising and Publicity Rules, at the same time as age control

TRANSPORTATION

Transfers by bus to and from Loulé Railway Station or Faro Airport as well as to and from the official hotels to the competition hall will be made by dedicated buses for the delegations that book their accommodations and meals through the organization.

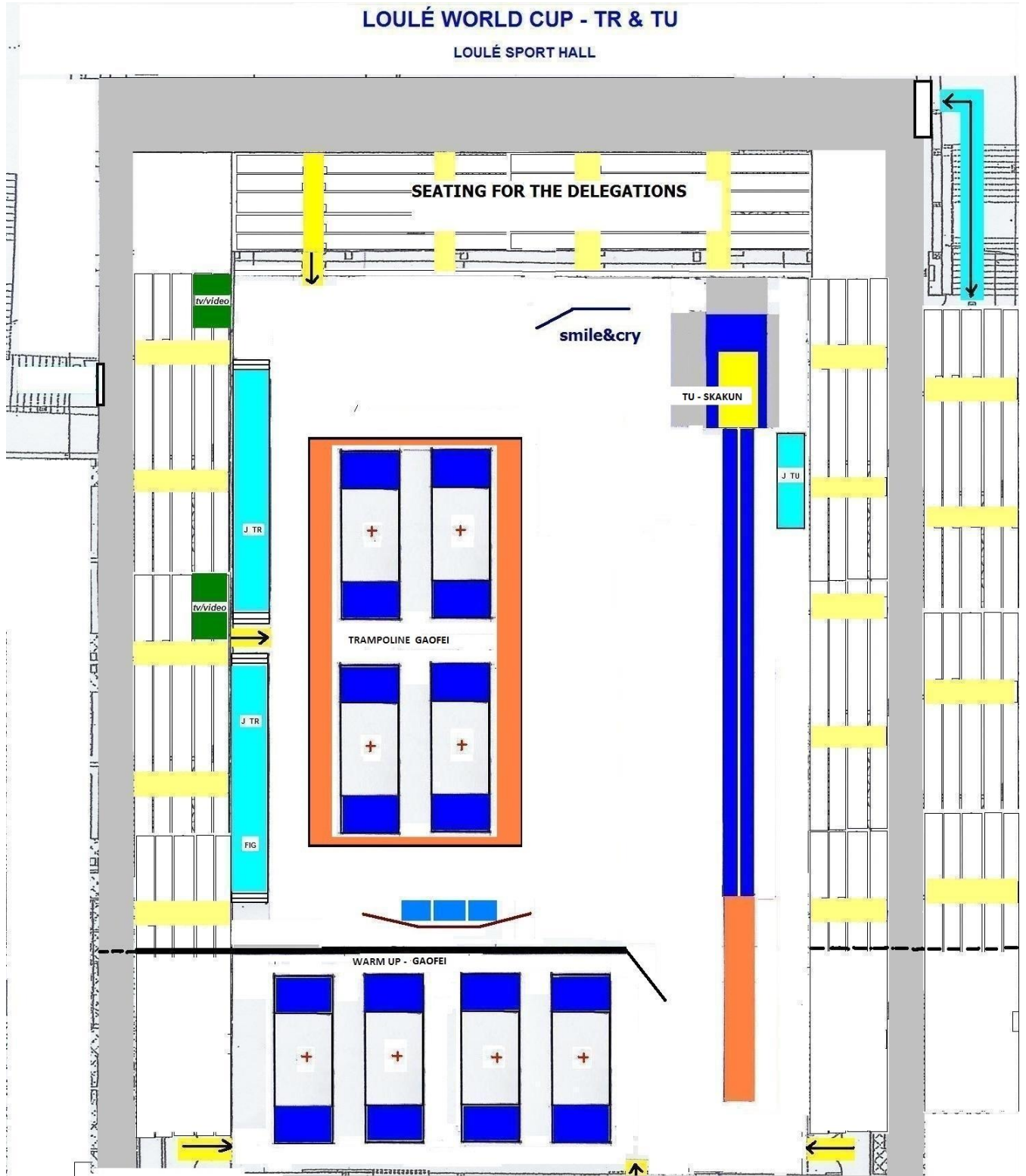
The bus schedule will be handed to the delegations upon arrival and be available at each hotel.

MEALS

Breakfast is included in the accommodation package and is served at each hotel.

Lunch and **Dinner** is included in the accommodation package and is served at Loulé Sports Hall.

GENERAL PROGRAMME



Thursday, 28th September 2017 - TRAINING PER SCHEDULE

		Trampoline		Tumbling			
Start	Finish	Warm Up Hall Warm Up	Comp. Hall Competition	Comp. Hall Competition	Start	Finish	
		TRAINING 2017 Loulé World Cup					
MORNING						AFTERNOON	
09h30	10h15	G1			15h00	15h45	
10h15	11h00	G2	G1	G1	15h45	16h30	
11h00	11h45	G3	G2	G2	16h30	17h15	
11h45	12h30	G4	G3	G3	17h15	18h00	
12h30	13h15	G5	G4		18h00	18h45	
13h15	14h00		G5		18h45	19h30	

Trampoline	Tumbling
G1 - AZE, BEL, BLR, BRA (12M, 10W)	G1 - ALG, AZE, BEL, CAN (4M, 3W)
G2 - BUL, CAN, CHN, COL (9M, 8W)	G2 - CHN, POR (4M, 4W)
G3 - CZE, DEN, ESP, GER (11M, 6W)	G3 - DEN, RUS (5M, 5W)
G4 - JPN, KAZ, NZL, POL (11M, 6W)	
G5 - POR, RUS, SUI, UZB (13M, 9W)	

Friday, 29th September 2015 - COMPETITION

		Trampoline		Tumbling	
Start	Finish	Warm Up Hall Warm Up	Comp. Hall Competition	Comp. Hall Warm Up	Comp. Hall Competition
2015 Loulé World Cup					
10h00	11h15	OPEN TRAINING			
11h15	14h00				
2015 Loulé World Cup					
15h00	15h50	G1 M & W TRI		W Warm up	
15h50	16h40	G2 M & W TRI	G1 M & W Prelims		W Prelims
16h40	17h30	G3 M & W TRI	G2 M & W Prelims	M Warm Up	
17h30	18h20	G4 M TRI	G3 M & W Prelims		M Prelims
18h20	19h10		G4 M Prelims		

Saturday, 30th September 2017 - FINALS

Start	Finish	Trampoline		Tumbling	
		Warm Up Hall Warm Up	Comp. Hall Competition	Comp. Hall Warm Up	Comp. Hall Competition
PRELIM TRS					
10h00	10h40	G1 M & W TRS			
10h40	11h20	G2 M & W TRS	G1 M & W TRS		
11h20	12h00		G2 M & W TRS		
12h00	14h00	OPEN TRAINING FOR FINALISTS			
2017 Loulé World Cup - FINALS					
14h00	14h30	W Finalists TRS			
14h30	15h00	M Finalists TRS	W Finals TRS		
15h00	15h30		M Finals TRS		
15h30	15h50			W Finalists TU	
15h50	16h20				W Finals TU
16h20	16h40			M Finalists TU	
16h40	17h10	W Finalists TRI			M Finals TU
17h10	17h40	M Finalists TRI	W Finals TRI		
17h40	18h10		M Finals TRI		
Award Ceremony 2017 Loulé World Cup					

AGE CONTROL

The OC will check nationality and age of the competitors. The age and nationality control will take place at the same time as accreditation:

The control will be carried out by checking the passports of the participants. The Head of Delegation has to bring passports of all participants to the accreditation.

INFORMATION MEETING

All Heads of Delegation must attend the meeting on 29th October at 12.00 at the City Hall. One extra official per delegation may also attend. The FIG TRA-TC and the Organizing Committee will provide detailed information regarding the Championships. All information will be in English only. Judges cannot be representatives of their NF at the Orientation Meeting.

MEDAL AWARD CEREMONIES

Only the medal winners are invited to participate and must appear in competition attire.

EQUIPMENT

	Competition Hall	Warm up
Trampoline	4 Gaofei - "Tramplane", Ref. 1071-4, 4,7x5 mm bed	4 Gaofei - "Tramplane", Ref. 1071-4, 4,7x5 mm bed
Tumbling	Skakun – TRA 3 - Skakun Original 2014	
Safety Mats		GAOFEI

TRAINING – WARM UP

During training, it is permitted – only – to set foot on the floor of the competition and training hall for the competitors, and physiotherapists/doctors in conformity with the training schedule.

The final training schedule will be handed out to the Heads of Delegation upon their arrival in Loulé (if there is any change).

STARTING ORDER – DRAWING OF LOTS

The drawing of lots and starting order will be made in the FIG office and published on the FIG website.

The starting order for the finals will be in the order of merit, according to the Technical Regulation.

The list of finalists and the two reserves will be distributed to the Heads of Delegation after the qualifications.

Please note: The World Cup Competition draw, the competition groups, the starting lists, the training groups, the training schedule and the competition schedule are based on the assumption that all registered federations will participate in accordance with their nominative registrations. Should there be any changes to participating numbers at the time of the competition, the FIG Technical Delegate in consultation with the Organizing Committee reserve the right to make adjustments, which will facilitate the smooth running of the competition.

COMPETITION CARDS

All competition cards must be delivered at the Secretariat before Thursday 28th October until 15.00.

JUDGES DRAW FOR THE QUALIFICATIONS AND INSTRUCTION

The judge meeting, which are compulsory for all judges, will take place on the Loulé Sports Hall.

28th September, at the Sports Hall

15.30 – 15.30 Judges meeting – tumbling
 15.30 – 16.00 Judges meeting – trampoline
 16:00 – 16:30 Practice judging

30th September, at the Sports Hall

13.45 – 14.15 Judges meeting – tumbling and trampoline

The judges draw for the qualifications will take place by the end of each of the judge's instructions.

Please note that the Judge's instruction will be held in English only.

DRAWING OF LOTS FOR JUDGES – FINALS

The drawing of lots for judges will take place during the judge meetings

SUPERIOR JURY AND JURY OF APPEAL

Technical delegate will act as president of the superior jury

SCORES AND RESULTS

The scoring system used is [REDACTED]. The scores will be shown in the competition hall.

A resumed list of results will be distributed to the Heads of Delegation at the end of qualifications.

A detailed list of results, including all judge's marks, will be distributed to the Heads of Delegation at the end of the competition.

VIDEO RECORDING

All routines will be recorded on video by the OC.

SEATING FOR THE DELEGATIONS

Sections in the competition hall are reserved for all delegation members, and all delegation members must take a seat in this area. Special seating will be allocated for the Heads of Delegation.

MEDICAL SERVICES AND MASSAGE

Medical services will be provided by the Medical Centre located in Sports Hall. Massage facilities for accompanying masseurs of the delegations are available in the Sports Hall.

CLOSING BANQUET

There will be a banquet in CASINO VILAMOURA (21h00 - 01h00).

The banquet is for official delegation members only, and a valid banquet ticket must be presented at the entrance.

The closing banquet is free of charge for the delegations who have booked their accommodation through the Organizing Committee.

Delegations that have made their own arrangements will have to purchase tickets from the Organizing Committee at accreditation. The price is 35 EUR per ticket.

INFORMATION AND CORRESPONDENCE DURING THE WORLD CUP

Every delegation will have a mailbox located at the OC Secretariat in Sports Hall. Access to the mailbox is only provided for those holding an official mailbox card. Each delegation will receive a mailbox card on arrival in Loulé.

All information, requests and correspondence regarding this World Cup should be addressed to the Organizing Committee.

Loulé, 4 of September 2017