

LOULÉ WORLD CUP



TRAMPOLINE & TUMBLING

WORK PLAN



LOULÉ, Portugal, 06 – 07, September 2013

INDEX

GENERAL INFORMATION.....	3
ORGANISING COMMITTEE.....	3
FIG TECHNICAL DELEGATE	3
ORGANISING COMMITTEE ADDRESS	4
COMPETITION VENUE.....	4
NATIONAL ANTHEM - FLAG.....	4
VISA.....	4
INSURANCE	4
OFFICIAL LANGUAGE	4
ACCREDITATION AND ID CARDS.....	5
TRANSPORTATION	5
MEALS.....	5
GENERAL PROGRAMME	6
AGE CONTROL	7
INFORMATION MEETING.....	7
MEDAL AWARD CEREMONIES.....	7
EQUIPMENT	7
TRAINING – WARM UP	7
STARTING ORDER – DRAWING OF LOTS.....	7
COMPETITION CARDS.....	8
JUDGES DRAW FOR THE QUALIFICATIONS AND INSTRUCTION.....	8
DRAWING OF LOTS FOR JUDGES – FINALS.....	8
SUPERIOR JURY AND JURY OF APPEAL	8
SCORES AND RESULTS.....	9
VIDEO RECORDING	9
SEATING FOR THE DELEGATIONS.....	9
MEDICAL SERVICES AND MASSAGE	9
CLOSING BANQUET.....	9
INFORMATION AND CORRESPONDENCE DURING THE WORLD CUP	10
PROGRAMME	10

GENERAL INFORMATION

This Work Plan has been developed in accordance with the following FIG regulations and rules:

1. FIG Statutes;
2. 2013 FIG Technical Regulations;
3. FIG Judges' Rules;
4. FIG Trampoline, Tumbling and Double Mini-Trampoline Code of Points 2013-2016;
5. FIG World Cup Competitions and Series;
6. Medical Organization of the Official FIG Competitions;
7. Doping Control Rules;
8. FIG Media Rules;
9. FIG Apparatus Norms;
10. FIG Advertising and Publicity Rules;
11. FIG Regulations for Awards Ceremonies;
12. And subsequent decisions of the FIG Executive Committee & FIG TRA-TC.

It is based on the entries, as received by the FIG Secretariat on or **before 8th July 2013**.

ORGANISING COMMITTEE

João Paulo Rocha	President
Eduardo Fernandes	Vice-President
Luís Arrais	Vice-President
Clara Laginha	Finances
Mónica Mexia	Competition Director
Clara Laginha /Lina Brito	Accreditation/Secretariat
Michelle Correia/Cristina Raminhos	Transports
Ângela Correia	Accommodation / Transports
Carla Freitas / Gizelda Carapeto	Catering
Pedro Fernandes/ Marco Gonçalves	Volunteers' Coordination
Gizelda Carapeto /Carla Freitas	Protocol
Pedro Fernandes	Stage Manager
Diana Costa	Media
Fernando Brito	Logistic
Publirádio	Vídeo
Zenji Informatics	Informatics

FIG TECHNICAL DELEGATE

Mr. **Dmitri POLIAROUH** FIG TRA-TC Member

ORGANISING COMMITTEE ADDRESS

Federação de Ginástica de Portugal
Estrada da Luz 30A, 1600 -159 Lisbon / Portugal

Contact person: Mónica Mexia
Tel: +351917731207 / +351967957337

e-mail: gympor@gympor.com

COMPETITION VENUE

Loulé Municipal Sports Hall
Ap 264 8100 Loulé / Portugal
Tel: +351289 420 070

NATIONAL ANTHEM - FLAG

Delegations are requested to bring a CD of their national anthem and their national flag (approx. size 180 cm x 90 cm). These must be handed to the OC Secretariat by the head of delegation upon arrival at the time of accreditation.

VISA

Federations requiring an official invitation to obtain a visa are asked to contact the Organizing Committee **immediately** by sending the official visa form to apaginasticaloule@gmail.com

INSURANCE

Federations are obliged to cover the expense of insurance for members of their delegation (illness, accident and repatriation) and to bring the evidence of such insurance. Insurance will be checked and collected during accreditation.

OFFICIAL LANGUAGE

The official language of the World Cup is English. Announcements will be made in Portuguese and English only.
Interpretation from and into any other language must be organized by the delegations.

ACCREDITATION AND ID CARDS

All delegation members will receive an accreditation ID Card. The accreditation ID Card is personal, non transferable and compulsory to get access to the training and competition hall, functions, and the bus system. All participants and officials are required to wear the ID Cards **at all times**.

Accreditation will take place at the accreditation room in Loulé Sports Hall. *All delegations will be directed to the accreditation room from the railway station or airport. Delegations travelling by car have to go first to the accreditation room.*

At accreditation, heads of delegation must check the correct names of their complete delegation, verify accommodation requirements, make any necessary payments, hand in their national anthem and national flag as well as their confirmation of insurance. Age control will be completed by Secretariat at the arrival moment.

As far as the number of accreditations per country is concerned, the FIG Rules and the Directives will be strictly applied.

The publicity on the clothes has to be checked in accordance with the FIG Advertising and Publicity Rules, at the same time as age control

TRANSPORTATION

Transfers by bus to and from Loulé Railway Station or Faro Airport as well as to and from the official hotels to the competition hall will be made by dedicated buses for the delegations that book their accommodations and meals through the organization.

The bus schedule will be handed to the delegations upon arrival and be available at each hotel.

MEALS

Breakfast is included in the accommodation package and is served at each hotel.

Lunch and **Dinner** is included in the accommodation package and is served at Loulé Sports Hall.

GENERAL PROGRAMME

Wednesday 04 September 2013

15.00 – 19.00	Arrival of Delegations, FIG Officials Free Training	Sports Hall Warm Up Hall
18.00 – 21.30	Dinner	Sports Hall

Thursday 05 September 2013

	Arrival of Delegations	
10.00 – 12.00	Orientation Meeting/Welcome reception	(place to be confirmed)
12.00 – 15.45	Training per Schedule	Sports Hall Warm Up Hall
12.00 – 15.00	Lunch	Sports Hall
18.00 – 21.00	Dinner	Sports Hall
18.00 – 18.30	Judges meeting – tumbling	Sports Hall
18.30 - 19.30	Judges meeting – trampoline	Sports Hall
19:30 – 20:00	Practice Judging	Sports Hall

Friday 06 September 2013

09.15 – 11.30	Preliminaries TRS M/W	Sports Hall
12:00-14:30	Lunch	Sports Hall
15:45-20:15	Preliminaries TRI M/W	Sports Hall
15:45-17:45	Preliminaries TU M/W	Sports Hall
18.00 – 21.30	Dinner	Sports Hall

Saturday 07 September 2013

12.00 – 15.00	Lunch	Sports Hall
14.00 – 14.30	Judges meeting – tumbling	Sports Hall
14.30 – 15.00	Judges meeting - trampoline	Sports Hall
15.30 – 18.30	Finals TRS / TU / TRI	Sports Hall
18.45 – 19.30	Award Ceremony & Closing Ceremony	Sports Hall
21.30	Banquet	Aquashow

Sunday 08 September 2013

All day	Departure of Delegations	
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AGE CONTROL

The OC will check nationality and age of the competitors. The age and nationality control will take place at the same time as accreditation:

The control will be carried out by checking the passports of the participants. The Head of Delegation has to bring passports of all participants to the accreditation.

INFORMATION MEETING

All Heads of Delegation must attend the meeting. One extra official per delegation may also attend. The FIG TRA-TC and the Organizing Committee will provide detailed information regarding the Championships. All information will be in English only. Judges cannot be representatives of their NF at the Orientation Meeting.

MEDAL AWARD CEREMONIES

Only the medal winners are invited to participate and must appear in competition attire.

EQUIPMENT

Trampoline	Gaofei with 5x4 mm beds
Tumbling Track	Gymnova, Nova track one (reference 6296)
Safety Mats	Gaofei

TRAINING – WARM UP

During training, it is permitted – only – to set foot on the floor of the competition and training hall for the competitors, and physiotherapists/doctors in conformity with the training schedule.

The final training schedule will be handed out to the Heads of Delegation upon their arrival in Loulé (if there is any change).

STARTING ORDER – DRAWING OF LOTS

The drawing of lots and starting order will be made in the FIG office and published on the FIG website.

The starting order for the finals will be in the order of merit, according to the Technical Regulation.

The list of finalists and the two reserves will be distributed to the Heads of Delegation after the qualifications.

Please note: The World Cup Competition draw, the competition groups, the starting lists, the training groups, the training schedule and the competition schedule are based on the assumption that all registered federations will participate in accordance with their nominative registrations. Should there be any changes to participating numbers at the time of the competition, the FIG Technical Delegate in consultation with the Organizing Committee reserve the right to make adjustments, which will facilitate the smooth running of the competition.

COMPETITION CARDS

All competition cards must be delivered at the Secretariat before Thursday 05th September until 18:00.

JUDGES DRAW FOR THE QUALIFICATIONS AND INSTRUCTION

The judge meeting, which are compulsory for all judges, will take place on the Loulé Sports Hall.

05th September, at the Sports Hall

18.00 – 18.30 Judges meeting – tumbling
18.30 – 19.30 Judges meeting – trampoline
19:30 – 20:00 Practice judging

06th September, at the Sports Hall

14.00 – 14.30 Judges meeting – tumbling
14.30 – 15.00 Judges meeting - trampoline

The judges draw for the qualifications will take place by the end of each of the judges' instructions.

Please note that the Judges' instruction will be held in English only.

DRAWING OF LOTS FOR JUDGES – FINALS

The drawing of lots for judges will take place during the judge meetings

SUPERIOR JURY AND JURY OF APPEAL

Technical delegate will act as president of the superior jury

SCORES AND RESULTS

The scoring system used is Scoring Gym. The scores will be shown in the competition hall.

A resuméd list of results will be distributed to the Heads of Delegation at the end of qualifications.

A detailed list of results, including all judges' marks, will be distributed to the Heads of Delegation at the end of the competition.

VIDEO RECORDING

All routines will be recorded on video by the OC.

SEATING FOR THE DELEGATIONS

Sections in the competition hall are reserved for all delegation members, and all delegation members must take a seat in this area. Special seating will be allocated for the Heads of Delegation.

MEDICAL SERVICES AND MASSAGE

Medical services will be provided by the Medical Centre located in Sports Hall. Massage facilities for accompanying masseurs of the delegations are available in the Sports Hall.

CLOSING BANQUET

There will be a banquet in the Aquashow Park. The banquet is for official delegation members only, and a valid banquet ticket must be presented at the entrance.

The closing banquet is free of charge for the delegations who have booked their accommodation through the Organizing Committee.

Delegations that have made their own arrangements will have to purchase tickets from the Organizing Committee at accreditation. The price is 35 EUR per ticket.

INFORMATION AND CORRESPONDENCE DURING THEWORLD CUP

Every delegation will have a mailbox located at the OC Secretariat in Sports Hall. Access to the mailbox is only provided for those holding an official mailbox card. Each delegation will receive a mailbox card on arrival in Loulé.

All information, requests and correspondence regarding this World Cup should be addressed to the Organizing Committee.

PROGRAMME

04thSeptember

Trampoline & Tumbling

15.00 – 19.00 Free Training

Competition and Warm Up Hall

05thSeptember

TRAINING per SCHEDULE

Trampoline

G1 – BLR, AZE, POR, BEL (11M / 7W)

G2 – DEN, BRA, GER, ESP, GEO, AUT (11M / 7W)

G3 – QAT, POL, UZB, SWE (12M /7W)

G4 – CAN, MEX, FRA (12M /6W)

G5 – RUS, AUS, JPN, NZL (11M/8W)

Tumbling

G1 – BLR, DEN, POR, RUS (12M/4W)

G2 – ALG, CAN, UKR, UZB, KAZ, BEL, FRA (11M/4W)

06th and 07th September**COMPETITION**

04 September		
Trampoline and Tumbling		
15:00 -19:00	Free Training - Warm up and Competition Hall	
05 September		
Trampoline	Training Schedule	Tumbling Training Schedule
10h30-11h15	Group 1 - Warm Up	
11h15-12:00	Group 1 - Competition Hall	
12:00-12:45	Group 2 - Warm up	10:00-11:30
12:45-13:30	Group 2 - Competition Hall	Group 1 - Competition Hall
12:45-13:30	Group 3 - Warm up	
13:30-14:15	Group 3 - Competition Hall	
13:30-14:15	Group 4 - Warm up	11:30-13:00
14:15-15:00	Group 4 - Competition Hall	Group 2 - Competition Hall
14:15-15:00	Group 5 - Warm up	
15:00-15:45	Group 5 - Competition Hall	
06 September		
Synchro Trampoline - Qualifications		
09:15-09:55	Warm up Group 1 M (10 pairs)	Warm up Group 1 W (13 pairs)
10:00-10:45	Qualifications Group1 M	Qualifications Group 1W
10:00-10:40	Warm up Group 2 M (10 pairs)	
10:45-11:30	Qualifications Group2 M	

Individual Trampoline - Qualifications		Tumbling - Qualifications		
15:45-16:25	Warm up Group 1 M (12 gymnasts)	Warm up Group 1 W (13 gymnasts)	15:45-16:10	Warm up Group 1 W - Competition Hall (8 gymnasts)
16:30-17:15	Qualifications Group 1 M	Qualifications Group 1W	16:15-16:45	Qualifications Group 1W
16:30-17:10	Warm up Group 2 M (12 gymnasts)	Warm up Group 2 W (13 gymnasts)	16:45-17:10	Warm up Group 1 M - Competition Hall (12 gymnasts)
17:15-18:00	Qualifications Group 2 M	Qualifications Group 2W	17:15-17:45	Qualifications Group 1M
17.15-17:55	Warm up Group 3 M (12 gymnasts)	Warm up Group 3 W (13 gymnasts)	17h45-18h10	Warm up Group 1 M - Competition Hall (11 gymnasts)
18:00-18:45	Qualifications Group 3 M	Qualifications Group 3W	18h15-18h45	Qualifications Group 1M
18:00-18:40	Warm up Group 4 M (12 gymnasts)			
18:45-19:30	Qualifications Group 4 M			
18h45-19:25	Warm up Group 5 M (11 gymnasts)			
19h30-20:15	Qualifications Group 5 M			
07 September				
Trampoline and Tumbling				
14:45 - 15:15	Finals - Free Training (Warm up and Competition Hall)			

Finals				Finals	
Synchro and Individual Trampoline				Tumbling	
15:30-15:50		Warm up Finals Synchro TR W			
15:55-16:15		Finals Sychro TR W			
15:50-16:10	Warm up Finals Synchro TR M				
16:15-16:35	Finals Sychro TR M				
				16:35- 16:50	Warm up Finals Tumbling W
				16:50- 17:10	Finals Tumbling W
				17:10- 17:25	Warm up Finals Tumbling M
				17:25- 17:45	Finals Tumbling M
17:25-17:45		Warm up Finals TRI W			
17:50-18:10		Finals TRI W			
17:45-18:05	Warm up Finals TRI M				
18:10-18:30	Finals TRI M				
18:45-19:30	Award Ceremony World Cup				

Loulé, 19 of August .2013